

# Programs and Activities

January - June 2026



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**BALWYN**  
COMMUNITY CENTRE

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## About Us

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Located in a beautiful garden setting, Balwyn Community Centre is a place to learn, grow and meet new people. The Centre offers a range of different courses and workshops, as well as a community garden, function centre and occasional child care centre.

Browse our Semester 1 brochure to find a course or workshop and join us!

## How to enrol

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Bookings and payment can be made via:

- Our website: [www.balwyncc.org.au](http://www.balwyncc.org.au)
- In person. Office hours: Monday, Tuesday, Thursday 9.30am – 3.00pm. Wednesday and Friday 9.30am – 1.00pm
- Full payment is needed to secure your place in all classes, we are unable to accept deposits.
- No refunds are given once classes have commenced.
- Class fees cannot be transferred to payment for the following term.
- Classes are run subject to numbers. The Centre reserves the right to cancel classes due to insufficient attendees. Full refund of fees will be given if the class is cancelled by the Centre.



Term 1 begins **Tuesday 27 January**. Term 1 ends **Thursday 2 April**.  
Term 2 begins **Monday 20 April**. Term 2 ends on **Friday 26 June**.



# Child Care

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## About

The Balwyn Community Centre Child Care is registered to care for up to 25 children each day aged between six weeks to five years. Our child care program fosters creativity, friendship and play.

From drop-off to pick-up, your child will be cared for by our qualified staff in a safe and nurturing environment. At Balwyn Community Centre, we offer Occasional Care in the form of shorter, flexible sessions that can be purchased on a casual or term-by-term basis. Our staff are qualified and hold a Diploma in Children's Services. They are passionate about caring for your child and work hard to create a nurturing and educative environment.

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## Details

Session from **9am – 3pm** (6 hours)  
\$99.00 per session \$117.00 casual \$89.10 sibling

Session from **9am – 4pm** (7 hours)  
\$115.50 per session \$136.50 casual \$103.95 sibling

**Regular and casual care positions are subject to availability.**

**For bookings and enquiries please call 03 9836 7942.**

BCC Child Care is Child Care Subsidy (CCS) approved.



# Languages



## Mandarin

### Discover Mandarin

Discover Mandarin is a friendly introduction to Chinese language and culture. Build confidence through everyday conversations, explore culture through films, learn practical travel phrases for China and Taiwan, and enjoy hands-on cooking while mastering dining etiquette.

#### Mon 12.30pm – 2.30pm

Term 1. 2/2 - 30/3 (8 wks) \$223 no class 9/3

Term 2. 20/4 - 22/6 (9 wks) \$250 no class 8/6

### Mandarin Intermediate

This class is for those who have had two years of practice. It covers conversation, reading, writing, history and culture.

#### Mon 9.30am – 11.30am

Term 1. 2/2 - 30/3 (8 wks) \$223 no class 9/3

Term 2. 20/4 - 22/6 (9 wks) \$250 no class 8/6

Thinking about learning a language but not sure where to start?

Come along to a free trial class - our tutors are happy to chat and help you find the right level.

## French

### French for Beginners 1

Start your French language journey here! This class is perfect for absolute beginners, with a relaxed, supportive atmosphere to help you build confidence speaking and understanding French.

#### Friday 1.00pm - 3.00pm

Term 1. 30/1 - 27/3 (9 wks) \$250

Term 2. 24/4 - 19/6 (9 wks) \$250

### French for Beginners 2

This class is designed for learners who have some (6 - 12 months) French under their belt. Practice everyday conversation, strengthen your grammar, and enjoy learning alongside others.

#### Thu 7.00pm – 9.00pm

Term 1. 5/2 - 2/4 \$250 (9 wks)

Term 2. 23/4 - 18/6 \$250 (9 wks)

### French Beginners 3

Continue your language journey in this class. Covers reading, writing, grammar and conversation. This class is suitable for the beginner with at least 12 to 18 months experience learning French.

#### Thu 1.00pm – 3.00pm

Term 1. 5/2 - 2/4 \$250 (9 wks)

Term 2. 23/4 - 18/6 \$250 (9 wks)

## French Intermediate 2

Build on your language skills with experienced tutor, Marie. Assumes 3-4 years of practice.

#### Thu 10.00am – 12.00pm

Term 1. 5/2 - 2/4 \$250 (9 wks)

Term 2. 23/4 - 18/6 \$250 (9 wks)

## French Conversation

Conducted completely in French, this class will enable students to develop their grammar and vocabulary skills. Assumes 5+ years experience.

#### Fri 10.00am – 12.00pm

Term 1. 30/1 - 27/3 (9 wks) \$250

Term 2. 24/4 - 19/6 (9 wks) \$250

## English as a second language

### English Conversation Fun

This course is for those for whom English is an Additional Language. You will need some English to join this friendly, supportive group. The tutor will use guided questions to improve your confidence and fluency in English and increase your vocabulary. The course will also cover Australian slang and culture.

#### Tue 9:30am – 10:30am

Term 1. 3/2 - 31/3 \$FREE + \$16 annual membership fee (9 weeks)

Term 2. 21/4 - 16/6 \$FREE + \$16 annual membership fee (9 weeks)

# Languages



## Italian

### Italian Beginners 1

Unlock the beauty of the Italian language with our beginner's Italian class! This class is suitable for absolute beginners with no experience necessary. Your teacher, Danielle, will help build your language skills in a friendly, encouraging class.

#### Mon 10.00am - 12.00pm

Term 1. 2/2 - 30/3 \$223 (9 wks)

no class 9/3

Term 2. 20/4 - 22/6 \$250 (9 wks)

no class 8/6

### Italian Beginners 2

Keep building your Italian! This class is perfect for those with 6-12 months experience, helping you expand your vocabulary, practice conversations, and gain confidence.

#### Wed 1.00pm - 3.00pm

Term 1. 4/2 - 1/4 \$250 (9 wks)

Term 2. 22/4 - 17/6 \$250 (9 wks)

### Italian Beginners 3

Continue your language journey! This class is suitable for those with approximately 12-18 months experience learning Italian. Class covers reading, writing, conversation and grammar.

#### Wed 10.00am - 12.00pm

Term 1. 4/2 - 1/4 \$250 (9 wks)

Term 2. 22/4 - 17/6 \$250 (9 wks)

### Italian Intermediate 1

Requires at least 2 years of practice. Class covers reading, writing, grammar and conversation.

#### Mon 1.00pm - 3.00pm

Term 1. 2/2 - 30/3 \$223 (8 wks)

no class 9/3

Term 2. 20/4 - 22/6 \$250 (9 wks)

no class 8/6

### Italian Intermediate 3

Continue to build on your language skills with experienced tutor, Carmela. Assumes 4+ years previous experience.

#### Fri 9:15am - 11:15am

Term 1. 30/1 - 27/3 \$250 (9 wks)

Term 2. 24/4 - 19/6 \$250 (9 wks)

### Italian Advanced

#### Conversation and Grammar

Challenge and develop your Italian language skills. Assumes 6+ years previous experience.

#### Fri 11:30am - 1:00pm

Term 1. 30/1 - 27/3 \$189 (9 wks)

Term 2. 24/4 - 19/6 \$189 (9 wks)

### Italian for Travellers

This 6 week language short course is designed for the traveller and is suitable for the complete beginner. Learn key words, phrases and conversation starters for your next overseas trip.

#### Thu 7.00pm - 8.30pm

Term 1. 26/2 - 2/4 \$168 (6 weeks)

## German

### German Beginners 1

This class is a welcoming place to start learning German from scratch. Practice simple conversations, pick up essential phrases, and enjoy a friendly, supportive environment. This class is suitable for absolute beginners with no experience necessary.

#### Wed 9.30am - 11.30am

Term 1. 4/2 - 1/4 \$250 (9 wks)

Term 2. 22/4 - 17/6 \$250 (9 wks)

### German Intermediate 2

This class assumes 3 years of practise and builds on your foundational knowledge. It covers writing, grammar and conversation.

#### Tue 1.00pm - 2.30pm (Johanna)

Term 1. 3/2 - 31/3 \$188 (9 wks)

Term 2. 21/4 - 16/6 \$188 (9 wks)

#### Fri 9.30am - 11.30am (Sonya)

Term 1. 30/1 - 27/3 \$250 (9 wks)

Term 2. 24/4 - 19/6 \$250 (9 wks)

### German Advanced

Assumes 5 years of practice.

#### Tue 9:45am - 11:45am

Term 1. 3/2 - 31/3 \$250 (9 wks)

Term 2. 21/4 - 16/6 \$250 (9 wks)

# Health and Fitness



## Qigong

Qigong is a low-impact form of movement that will clear the mind and lift your spirit. These gentle exercises also help to maintain strength, flexibility, and balance. This class welcomes all students from beginners to the more experienced.

**Wed 10.45am – 11.45am**

Term 1. 28/1 - 1/4 \$184 (10 wks)

Term 2. 22/4 - 24/6 \$184 (10 wks)

## Qigong and Stillness Meditation

Cultivate calm and ease in your life via a mix of movement and stillness. Letting go of physical tension with slow, flowing Qigong movements which also keep your body strong. End the class with seated Stillness Meditation to relax the mind.

**Wed 1.15pm - 2.15pm**

Term 1. 28/1 - 1/4 \$184 (10 wks)

Term 2. 22/4 - 24/6 \$184 (10 wks)

## Tai Chi

Tai Chi is known for its considerable health benefits. It relies on weight transference which leads to improved balance. Internally it loosens the joints and strengthens muscle groups. The practice of tai chi is often called 'movement meditation' due to its calming effect on the body and mind.

**Tue 10.00am – 11.00am**

Term 1. 27/1 - 31/3 \$184 (10 wks)

Term 2. 21/4 - 23/6 \$184 (10 wks)

## Tai Chi for Fall Prevention

Based on Dr Paul Lam's widely endorsed program, Tai Chi for Fall Prevention helps participants improve stability, mobility & confidence, supporting long-term health and independence and reducing the risk of falls.

**Tue 12.15pm - 1.00pm**

Term 1. 17/2 - 31/3 \$130 (7 wks)

Term 2. 21/4 - 23/6 \$184 (10 wks)

## Yoga

Our gentle Yoga classes incorporate breathing techniques, stretching and meditation to help you get in touch with your body.

**Mon 9.30am – 10.30am** (Carolyn)

Term 1. 2/2 - 30/3 \$148 (8 wks) no class 9/3

Term 2. 20/4 - 22/6 \$166 (9 wks) no class 8/6

**Thu 7:00pm – 8:15pm** (Mitha)

Term 1. 29/1 - 2/4 \$184 (10 wks)

Term 2. 23/4 - 25/6 \$184 (10 wks)

## Chair Yoga

Chair Yoga helps participants stay healthy, vibrant, and confident without the worry of getting down to the floor or using a mat. We maintain mobility, improve flexibility and strength by focusing on small and large muscle groups as well as techniques to help you relax and deepen your awareness.

**Mon 10.45am – 11.45am**

Term 1. 2/2 - 30/3 \$148 (8 wks) no class 9/3

Term 2. 20/4 - 22/6 \$166 (9 wks) no class 8/6

**Fri 1.30pm - 2.30pm**

Term 1. 30/1 - 27/3 \$166 (9 wks)

Term 2. 24/4 - 26/6 \$184 (10 wks)



# Health and Fitness



## Yoga and Meditation

A nurturing practice using a mix of different elements of yoga, yoga postures, breath work and meditation to bring ease in the body and freedom of mind.

### Tue 7.00pm – 8.00pm

Term 1. 27/1 - 31/3 \$184 (10 wks)  
Term 2. 21/4 - 23/6 \$184 (10 wks)

## Living Strength Yoga

Gentle, mindful, yoga movements combined with light strength training using small weights to keep you strong, balanced, and confident in everyday life.

### Wed 9.30am – 10.30am

Term 1. 28/1 - 1/4 \$184 (10 wks)  
Term 2. 22/4 - 24/6 \$184 (10 wks)



## Stretch & Strengthen

Stretch and Strengthen is a dynamic, full body workout that will improve your strength, fitness, and flexibility.

### Mon 2.00pm – 3.00pm

Term 1. 2/2 - 30/3 \$148 (8 wks) no class 9/3

Term 2. 20/4 - 22/6 \$166 (9 wks)  
no class 8/6

### Mon 3.00pm – 4.00pm

Term 1. 2/2 - 30/3 \$148 (8 wks) no class 9/3

Term 2. 20/4 - 22/6 \$166 (9 wks)  
no class 8/6

### Thu 10.30am – 11.30am

Term 1. 29/1 - 2/4 \$184 (10 wks)  
Term 2. 23/4 - 25/6 \$184 (10 wks)

## Strong Bones

The Strong Bones program is based on classic elements of Pilates and strength training. The aim is to shore up muscle mass and bone density for mature age adults with the focus on improving stability and mobility so you can navigate the demands of daily life more competently and live life to its fullest.

### Tue 1.15pm - 2.15pm

Term 1. 27/1 - 31/3 \$184 (10 wks)  
Term 2. 21/4 - 23/6 \$184 (10 wks)

## Pilates

Build strength, improve posture, and feel great with our friendly Pilates class. Suitable for all levels. Class taught by a qualified Pilates instructor.

### Tue 9.30am – 10.30am (Bill)

Term 1. 27/1 - 31/3 \$184 (10 wks)  
Term 2. 21/4 - 23/6 \$184 (10 wks)

### Fri 9.30am – 10.30am (Lisa)

Term 1. 30/1 - 27/3 \$166 (9 wks)  
Term 2. 24/4 - 26/6 \$184 (10 wks)

## Balance Back to Exercise

Improve core strength, balance and flexibility using weights, resistance bands & stretching techniques. This class is for older adults new to exercise or recovering from injury.

### Mon 12.30pm - 1.30pm (Carolyn)

Term 1. 2/2 - 30/3 \$148 (8 wks) no class 9/3  
Term 2. 20/4 - 22/6 \$166 (9 wks) no class 8/6

### Tue 11.00am-12.00pm (Robin)

Term 1. 27/1 - 31/3 \$184 (10 wks)  
Term 2. 21/4 - 23/6 \$184 (10 wks)

# Health and Fitness



## Zumba

Join this fitness class that combines cardio and Latin-inspired dance.

**Thu 9.30am – 10.30am**

Term 1. 29/1 - 2/4 \$184 (10 wks)

Term 2. 23/4 - 25/6 \$184 (10 wks)

## Zumba Gold

Try this fun class designed for active, older adults.

**Wed 9.30am – 10.30am** (Zanriela)

Term 1. 28/1 - 1/4 \$184 (10 weeks)

Term 2. 22/4 - 24/6 \$184 (10 wks)

## Hi/Low

Choose the 'hi' or 'low' option in this dynamic aerobics exercise class. Taught by Carmela and suitable for all levels.

**Thu 9.15am – 10.15am**

Term 1. 29/1 - 2/4 \$184 (10 wks)

Term 2. 23/4 - 25/6 \$184 (10 wks)

## Barre

A low-impact, full-body workout blending Pilates, functional strength training, and a touch of ballet-inspired movement for posture and grace.

**Fri 11.00am – 12.00pm**

No classes Term 1

Term 2. 24/4 - 26/6 \$184 (10 wks)

## Fit for You – Morning Fitness Session

Make the most of the morning with this small group exercise class! Our fitness trainer, Angela, leads a whole-body, cardio workout. Suitable for all ages and fitness levels.

**Thu 6:15am – 7.00am**

Term 1. 29/1 - 2/4 \$184 (10 wks)

Term 2. 23/4 - 25/6 \$184 (10 wks)

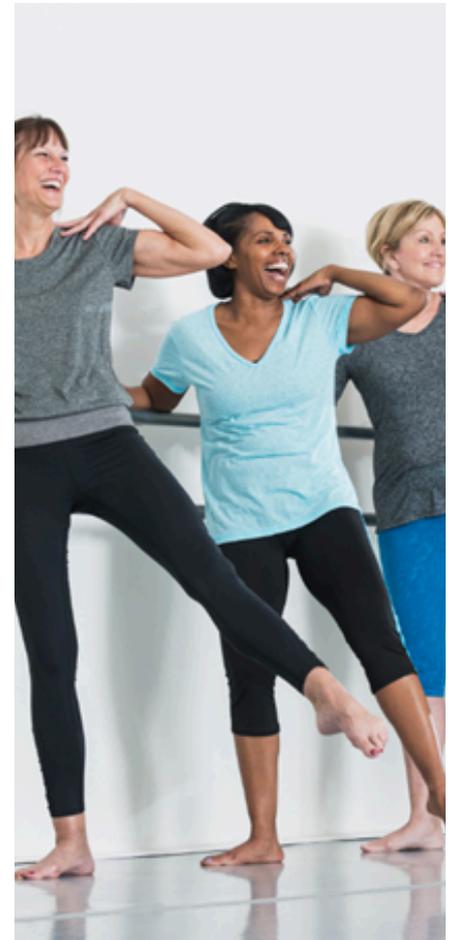
## Fitness Bootcamp

A structured, full-body workout that combines cardio and strength training in one session using a combination of weights and bodyweight exercises.

**Thu 7.15am - 8.00am**

Term 1. No classes

Term 2. 23/4 - 25/6 \$184 (10 wks)



**Term already started?**

**There's no need to miss out! You can join many of our courses mid-term.**

**Enrol by calling 9836 7642 or pop into the office!**

# Health and Fitness



	EARLY	MORNING	AFTERNOON	EVENING
MONDAY		Yoga Chair Yoga	Balance Back Stretch & Strengthen	
TUESDAY		Pilates Tai Chi Balance Back	Tai Chi for Fall Prevention Strong Bones	Yoga & Meditation
WEDNESDAY		Step & Connect Zumba Gold Living Strength Yoga Qi Gong	Qi Gong & Meditation	
THURSDAY	Fit for You Fitness Bootcamp	Exercise Hi/Low Zumba Stretch & Strengthen		Yoga
FRIDAY		Pilates Barre	Chair Yoga	

# Arts and Crafts



## French Polishing and Furniture Restoration

Revive old furniture using traditional French Polishing and restoration methods. Minor repairs can be made under supervision. All skill levels accommodated.

### Wed 12.30pm – 3.30pm

Term 1. 4/2 - 1/4 \$363 (9 wks)

Term 2. 22/4 - 17/6 \$363 (9 wks)

### Thu 12.30pm – 3.30pm

Term 1. 5/2 - 2/4 \$363 (9 wks)

Term 2. 23/4 - 18/6 \$363 (9 wks)

### Thu 7.30pm – 9.30pm

Term 1. 5/2 - 2/4 \$250 (9 wks)

Term 2. 23/4 - 18/6 \$250 (9 wks)

## Painting for Pleasure

Join artist and tutor, Gordon Sonnenberg, in this well-rounded class. Students work with their preferred medium and are pushed to think creatively. Suitable for all levels.

### Thu 1.00pm – 3.00pm

Term 1. 5/2 - 2/4 \$250 (9 wks)

Term 2. 23/4 - 18/6 \$250 (9 wks)

## Pastels

Under the guidance of Joyce, a qualified fine artist and dedicated art lover, you'll explore the rich, vibrant medium of soft pastels. Beginners welcome.

### Mon 1.00pm – 3.00pm

Term 1. 9/2 - 30/3 \$196 (7 wks)

no class 9/3

Term 2. 20/4 - 22/6 \$250 (9 wks)

no class 8/6



## Decoupage

Make beautiful jewellery, ornaments and decorations using paper and varnish with traditional decoupage methods. This friendly group is taught by experienced teacher, Pauline, and is suitable for all levels.

### Mon 12.30pm – 2.30pm

Term 1. 2/2 - 30/3 \$223 (8 wks)

no class 9/3

Term 2. 20/4 - 22/6 \$250 (9 wks)

no class 8/6

## Botanical Painting & Drawing

Explore the beauty of plants through art. In this specialised class, you'll learn techniques for drawing and painting leaves, flowers, and botanical detail. Suitable for art students with some experience.

### Wed 9.30am – 12.00pm

Term 1. 4/2 - 1/4 \$312 (9 wks)

Term 2. 22/4 - 17/6 \$312 (9 wks)

### Wed 1.00pm – 3.30pm

Term 1. 4/2 - 1/4 \$312 (9 wks)

Term 2. 22/4 - 17/6 \$312 (9 wks)



# Arts and Crafts



## Watercolour

Learn from experienced tutors and create detailed, vibrant art using watercolour.

**Mon 1.00pm – 3.00pm** (Chris)  
Term 1. 2/2 - 30/3 \$223 (8 wks)  
no class 9/3  
Term 2. 20/4 - 22/6 \$250 (9 wks)  
no class 8/6

**Tue 1.00pm – 3.00pm** (Mark)  
Term 1. 3/2 - 31/3 \$250 (9 wks)  
Term 2. 21/4 - 16/6 \$250 (9 wks)

**Thu 9:30am – 11:30am** (Deb)  
Term 1. 5/2 - 2/4 \$250 (9 wks)  
Term 2. 23/4 - 18/6 \$250 (9 wks)

**Thu 12:45pm – 2:45pm** (Deb)  
Term 1. 5/2 - 2/4 \$250 (9 wks)  
Term 2. 23/4 - 18/6 \$250 (9 wks)

## Social Watercolour

Come paint, relax, and connect with others in our friendly social painting group, guided by experienced artist Pat.

**Thu 10.00am – 12.00pm**  
Term 1. 5/2 - 2/4 (9 wks)  
Term 2. 23/4 - 18/6 (9 wks)  
\$10 per session (plus annual Centre membership fee of \$16)  
\*Limited spaces, registration required.

## Life Drawing

Learn the basic skills to draw the human body with confidence. Starting with simple circles and lines, you will learn scale and proportion. Then develop your drawing skills to create simple postures and include the use of texture, light, and shade.

**Tue 10.00am – 12.00pm**  
Term 1. 3/2 - 31/3 \$319 (9 wks)  
Term 2. 21/4 - 16/6 \$319 (9 wks)  
*Life model at seven classes each term*

## Drawing

Develop your creative drawing talents in these small, friendly classes using a variety of mediums and techniques. Suitable for all levels.

**Tue 10.00am – 12.00pm**  
Term 1. 3/2 - 31/3 \$250 (9 wks)  
Term 2. 21/4 - 16/6 \$250 (9 wks)

**Wed 10:00am – 12:00pm**  
Term 1. 4/2 - 1/4 \$250 (9 wks)  
Term 2. 22/4 - 17/6 \$250 (9 wks)



Take time out from your day-to-day life to learn a new skill and be inspired by our experienced, supportive tutors.

With a diverse range of courses, we've got something for everybody.

Bookings and payments can be made via our website [balwyncc.org.au](http://balwyncc.org.au) or by calling 9836 7942 or by visiting our office.

# Special Interest Groups



## Crochet and Knitting

This friendly workgroup is suitable for knitters and crocheters of all levels. Experienced tutor Nola, is on hand to help with questions, offer guidance, and support anyone who's new to knitting or crochet.

**Thu 12.45pm – 2.45pm**  
Term 1. 5/2 - 2/4 (9 wks)  
Term 2. 23/4 - 25/6 (10 wks)  
\$10 per session

## Crafternoon

Come along to our new Crafternoon! A relaxed, social space to work on your own craft projects while meeting others who love making things too.

**Wed 1.00pm - 3.00pm**  
Term 1. 4/2 - 1/4 (9 wks)  
Term 2. 22/4 - 24/6 (9 wks)  
\$5 per session

## Balwyn Batters Table Tennis

This fun, social activity is a great way to keep moving and connect with others. Suitable for all skill levels. Equipment is provided or you are welcome to bring your own bat.

**Mon 7.00pm - 9.00pm**  
Term 1. 2/2 - 30/3 (8 wks)  
no session 9/3  
Term 2. 20/4 - 22/6 (10 wks)  
no session 8/6  
\$5 per session

## Scrabble

The BCC Scrabble Group never miss a week! Join this passionate, friendly group and improve your language skills. All players welcome.

**Mon 12.30pm - 4.30pm (ongoing)**  
\$5 per session

## Bridge

Love bridge? So do we! Join our fun, social game with fellow bridge enthusiasts. All experienced players are very welcome. No partner? No problem—we'll find you one!

**Thu & Sat 12.30pm – 4.00pm**  
(ongoing)  
\$5 per session

## Learn to Play Bridge

Join others in a small group and learn how to play Bridge. This much-loved card game helps improve your problem-solving skills and is a great way to stay social. When you've got the hang of the game, you can join the Bridge Group that meets weekly at BCC.

**Thu 10.30am - 12.00pm**  
Term 1. 12/2 - 2/4 (8 wks) \$116  
includes a copy of Introduction to Bridge by Paul Marston

## Bridge - Supervised Play

This class is designed for those who have completed our Learn to Play Bridge course and are ready to practice their skills in a friendly, supportive environment.

**Thu 10.30am - 12.00pm**  
Term 2. 30/4 - 18/6 (8 wks) \$80  
Contact reception to register your interest.



# Special Interest Groups



## Mahjong

Join our weekly group and play Mahjong (western version) with others. It's a great way to stay social and keep the mind sharp!

**Wed 1.00pm-4.00pm**

Term 1. 4/2 - 1/4 (9 wks)

Term 2. 22/4 - 24/6 (10 wks)

\$5 per session

We have a variety of special interest groups that run throughout the week.

Each session has a small weekly fee plus an annual Centre membership fee of \$16.

For more information visit our website or call 9836 7942.

## Canasta

Our new Canasta group is perfect for players of all levels. Come along to play and enjoy a social afternoon with other card lovers.

**Tue 1.00pm - 3.00pm**

Term 1. 3/2 - 31/3 (9 wks)

Term 2. 21/4 - 23/6 (10 wks)

\$5 per session

## Step & Connect Walking Group

Join our walking group for a fun, relaxed way to stay active. Enjoy fresh air, gentle exercise, and great company along the way. Return to the Centre after your walk for a cuppa and a chat.

**Wed 9.00am - 10.30am**

Term 1. 4/2 - 1/4 (9 wks)

Free for members



# Workshops and Events



## Everyday Mindfulness

11 March, 11.00am - 12.00pm

Join us this International Women's Day Week and discover simple, practical ways to bring calm and steadiness into your daily life. Open to all.

## Eat Well, Age Well Nutrition workshop

13 March 2026, 10.00am - 11.30am

In this practical workshop for older adults, Dietitian Dr Mitra Zarrati will share simple nutrition tips to support wellbeing. Participants will learn to build balanced meals with everyday foods.

## Getting Started with Organic Gardening

17 March, 10.30am - 12.00pm

Join Sustainable Gardening Australia to learn about caring for your soil, pest management, fertilisers and crops to begin with – all organically!

## My Aged Care

28 April, 11.00am - 12.00pm

Get an overview of how to navigate My Aged Care including the My Aged Care triage and assessment process, funded services such as CHSP and Support at Home and where to go for support and guidance.

## Neighbourhood House Week

11-17 May 2026

Neighbourhood House Week is an annual national celebration, recognising the important contribution over 1,000 neighbourhood houses make in local communities across Australia.

Keep an eye on our website for a range of free trial classes and activities.

## Women's Health Week September 2026

Join us for a week of free exercise classes designed to get you moving, feeling good and connecting with your community.

## Senior's Month

1-31 October 2026

Celebrate Seniors Month with us! It's the perfect time to try something new, meet others, and celebrate the joy of staying active, connected, and creative.

## Mental Health Week

October 2026

Join our free Pilates and Nervous System reset session.

## Community Garage Sale

15 November 2026

BCC's Garage Sale helps our community declutter, recycle, and rehome unwanted items. And with over 20 sellers - it's a great place to shop for pre-loved treasures all at bargain prices.



These event are FREE for members. Please let us know you are coming by scanning the QR code above, pop into the office or call us on 9836 7942.

If you are not yet a member, you can join up online at [www.balwyncc.org.au/membership](http://www.balwyncc.org.au/membership) or at the office.

# Centre Information



## Room Hire

Balwyn Community Centre sits just off Whitehorse Road, tucked into peaceful, bushy surrounds. The main building and Function Centre overlook tall gumtrees, open green lawns and the nearby wetlands.

Inside, the rooms are clean, comfortable and well-equipped, with temperature control and Wi-Fi.

**To enquire or book a tour visit our website: [balwyncc.org.au](http://balwyncc.org.au) or call 9836 7942.**

## Medium-Large Room Hire

There are several medium-large sized rooms available for hire, including classrooms, a craft workshop and two art studios with sinks. The rooms feature audio visual equipment, a large projector screen and surround sound.

Our medium-large sized rooms can be hired for classes, meetings, workshops, seminars, and private events.

## Small Room Hire

Smaller meeting rooms are available for hire and can accommodate a broad range of activities. They provide a comfortable and bright space for you to work, meet with a study group or to conduct interviews and are suitable for freelancers, students, independent professionals, and small special interest groups.

## Function Centre

The Balwyn Community Centre Function Centre is a venue unlike any other in Boroondara. The main room is a large versatile space, with a commercially equipped kitchen, outdoor deck area, projector screen and audio-visual equipment.

It can accommodate up to 120 people for a range of different events and occasions, to include professional workshops, seminars, health and wellbeing retreats, parties, and weddings. If required, a BYO liquor license permit is included in the cost.

## Tennis Court Hire

The tennis court at Balwyn Community Centre is available to hire. Casual bookings cost \$20 per hour and can be made via an online form on the Balwyn Community Centre website: [balwyncc.org.au/tennis](http://balwyncc.org.au/tennis)

You do not need to be a member of the Centre to use the tennis court. Please be aware that we are unable to take bookings over the phone.

## Gardens and Sustainability

### Community Garden

Lease a plot and join like-minded locals at the BCC Community Garden. Singles, couples, and families are welcome to lease a plot and join the community. You may access your plot at any time and grow fresh vegetables and flowers. For more information please visit: <https://balwyncc.org.au/community-garden/>

### Surrey Hills/Balwyn Produce Swap

Come and swap your excess home-grown veggies and produce for free and meet other green thumbs in the community! All produce welcome including herbs, eggs, fruit, vegetables, honey, seedlings, flowers, compost or manure.

**Third Sunday of each month from 9.00am-10.00am.**

## Centre Membership

As a member you can enrol in any course or workshop at the Centre. Members are eligible to vote at our Annual General Meeting and may join the Board of Governance. Membership is included in class fees or is \$16 for Special Interest group attendees.



**BALWYN**  
COMMUNITY CENTRE

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