

Terms 1 and 2 2025

Course Brochure

Browse our
Semester 1
brochure to find
a course or
workshop and
join us!



BALWYN
COMMUNITY CENTRE



About Us

Located in a beautiful garden setting, Balwyn Community Centre is a place to learn and grow, to meet new people and explore. The Centre offers a range of different courses and workshops, as well as a community garden, function centre and occasional child care centre.

Browse our Semester 1 brochure to find a course or workshop and join us!

How to enrol

Bookings and payment can be made via:

- Our website: www.balwyncc.org.au
- In person. Office hours: Monday, Tuesday, Thursday 9.30am – 3.00pm. Wednesday and Friday 9.30am – 1.00pm
- Full payment is needed to secure your place in all classes, we are unable to accept deposits.
- No refunds are given once classes have commenced.
- Class fees cannot be transferred to payment for the following term.
- Classes are run subject to numbers. The Centre reserves the right to cancel classes due to insufficient attendees. Full refund of fees will be given if the class is cancelled by the Centre.



Term 1 begins **Tuesday 28th January 2025** for exercise classes and Monday 3rd February 2025 for all other classes. Term 1 ends **4th April**.
Term 2 begins **Tuesday 22nd April** for exercise classes and Monday 28th April for all other classes. Term 2 ends on **4th July**.



Child Care

About

The Balwyn Community Centre Child Care is registered to care for up to 25 children each day aged between six weeks to five years. Our child care program fosters creativity, friendship and play.

From drop-off to pick-up, your child will be cared for by our qualified staff in a safe and nurturing environment. At Balwyn Community Centre, we offer Occasional Care in the form of shorter, flexible sessions that can be purchased on a casual or term-by-term basis. Our staff are qualified and hold a Diploma in Children's Services. They are passionate about caring for your child and work hard to create a nurturing and educative environment.

Details

Session from **9am – 3pm** (6 hours)
\$96.00 per session \$114.00 casual

Session from **9am – 4pm** (7 hours)
\$112.00 per session \$133.00 casual

**Regular and casual care positions are subject to availability.
For bookings and enquiries please call 03 9836 7942.**

BCC Child Care is Child Care Subsidy (CCS) approved.
For more information about CCS visit bccchildcare.org.au



Languages



Mandarin

Mandarin for Beginners *NEW

This class is for beginners with no prior experience in Chinese. You'll learn foundational conversation skills while also developing a cultural understanding of China.

Mon 12.30pm – 2.30pm

Term 1 from 10 Feb \$190
(7 weeks) - no class 10 Mar
Term 2 from 28 Apr \$243
(9 weeks) - no class 9 June

Mandarin Intermediate

This class is for those who have had two years of practice. It covers conversation, reading, writing, history and culture.

Mon 9.30am – 11.30am

Term 1 from 3 Feb \$217
(8 weeks) - no class 10 Mar
Term 2 from 28 Apr \$244
(9 weeks) - no class 9 June

French

French for Beginners *NEW

Start your language journey in this new class! Suitable for the complete beginner. Covers reading, writing, grammar and conversation.

Thu 7.00pm – 9.00pm

Term 1 from 13 Feb \$216 (8 weeks)
Term 2 from 1 May \$243 (9 weeks)

French Beginners Plus

Continue your language journey in this class. Covers reading, writing, grammar and conversation. This class is suitable for the beginner with at least 6 to 12 months experience learning French.

Thu 1.00pm – 3.00pm

Term 1 from 6 Feb \$243 (9 weeks)
Term 2 from 1 May \$243 (9 weeks)

French Intermediate Plus

Build on your language skills with experienced tutor, Marie. Assumes 3-4 years of practice.

Thu 10.00am – 12.00pm

Term 1 from 6 Feb \$243 (9 weeks)
Term 2 from 1 May \$243 (9 weeks)

French Intermediate Conversation

Conducted completely in French, this class will enable students to develop their grammar and vocabulary skills. Assumes 5+ years' experience.

Fri 10.00am – 12.00pm

Term 1 from 7 Feb \$243 (9 weeks)
Term 2 from 2 May \$243 (9 weeks)

German

German for Beginners *NEW

In this new class, Sonya will help you start your German language journey. Suitable for the complete beginner.

Wed 9.30am – 11.30am

Term 1 from 12 Feb \$216 (8 weeks)
Term 2 from 30 Apr \$243 (9 weeks)

German Intermediate Plus

This class assumes 3 years of practise and builds on your foundational knowledge. It covers writing, grammar and conversation.

Tues 1.00pm – 2.30pm

(Johanna)
Term 1 from 11 Feb \$163 (8 weeks)
Term 2 from 29 Apr \$183 (9 weeks)

Friday 9.30am - 11.30am

(Sonya)
Term 1 from 7 Feb \$243 (9 weeks)
Term 2 from 2 May \$243 (9 weeks)

German Advanced

Assumes 5 years of practice.

Tues 9:45am – 11:45am

Term 1 from 11 Feb \$216 (8 weeks)
Term 2 from 29 Apr \$243 (9 weeks)



Languages

Italian

Italian for Beginners *NEW

Unlock the beauty of the Italian language with our beginner's Italian class! This class is suitable for the complete beginner. Your teacher, Danielle, will help build your language skills in a friendly, encouraging class.

Wed 1.00pm - 3.00pm

Term 1 from 12 Feb \$216 (8 weeks)
Term 2 from 30 Apr \$243 (9 weeks)

Italian Beginners Advanced

Continue your language journey! This class is suitable for those with approximately twelve months experience learning Italian. Class covers reading, writing, conversation and grammar.

Wed 10.00am - 12.00pm

Term 1 from 5 Feb \$243 (9 weeks)
Term 2 from 30 Apr \$243 (9 weeks)

Italian Intermediate

Requires 2 years of practice. Class covers reading, writing, grammar and conversation.

Mon 1.00pm - 3.00pm

Term 1 from 3 Feb \$216 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$243 (9 weeks)
no class 9 June

Italian Intermediate Plus

Continue to build on your language skills with experienced tutor, Carmela. Assumes 4+ years previous experience.

Fri 9:15am - 11:15am

Term 1 from 7 Feb \$243 (9 weeks)
Term 2 from 2 May \$243 (9 weeks)

Italian/Advanced

Conversation and Grammar

Challenge and develop your Italian language skills. Assumes 6+ years previous experience.

Fri 11:30am - 1:00pm

Term 1 from 7 Feb \$183 (9 weeks)
Term 2 from 2 May \$183 (9 weeks)

Italian for Travellers (short course)

This short course is designed specifically for the traveller. You'll learn key words, phrases and conversation starters to help you on your upcoming trip.

Wednesday 7.00pm - 8.30pm

Term 1 from 26 Feb \$162 (6 weeks)
Term 2 from 30 Apr \$162 (6 weeks)

Term already started?

There's no need to miss out! You can join many of our courses mid-term.

Enrol online
or call the office.

English as a second language

English Conversation Fun

This course is for those for whom English is an Additional Language. You will need some English to join this friendly, supportive class. The tutor will use guided questions to improve your confidence and fluency in English and increase your vocabulary. The course will also cover Australian slang and culture.

Tues 9:30am - 10:30am

Term 1 from 4 Feb \$FREE + \$16 annual membership fee (9 weeks)
Term 2 from 29 April \$FREE + \$16 annual membership fee (9 weeks)



Health and Wellbeing

Qigong

Qigong is a low-impact form of movement that will clear the mind and lift your spirit. These gentle exercises also help to maintain strength, flexibility, and balance. This class welcomes all students from beginners to the more experienced.

Wed 10.45am – 11.45am

Term 1 from 29 Jan \$179 (10 weeks)
Term 2 from 23 Apr \$197 (11 weeks)

Qigong and Stillness Meditation

Cultivate calm and ease in your life via a mix of movement and stillness. Letting go of physical tension with slow, flowing Qigong movements which also keep your body strong. End the class with seated Stillness Meditation to relax the mind.

Wed 1.15pm - 2.15pm

Term 1 from 29 Jan \$179 (10 weeks)
Term 2 from 23 Apr \$197 (11 weeks)

Tai Chi

Improve your health & vitality with the gentle exercises of Tai Chi combined with Qigong breathing and stretching techniques. You will leave feeling calm, focused, and energised.

Tues 10.00am – 11.00am

Term 1 from 28 Jan \$179 (10 weeks)
Term 2 from 22 Apr \$197 (11 weeks)



Yoga

Our gentle Yoga classes incorporate breathing techniques, stretching and meditation to help you get in touch with your body.

Mon 9.30am – 10.30am (Carolyn)

Term 1 from 3 Feb \$144 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$162 (9 weeks)
no class 9 Jun

Wed 6.15am – 7.30am (Nalini)

*NEW TIME
Term 1 from 29 Jan \$179 (10 weeks)
Term 2 from 23 Apr \$197 (11 weeks)

Thu 7:00pm – 8:15pm (Mitha)

Term 1 from 30 Jan \$179 (10 weeks)
Term 2 from 24 Apr \$197 (11 weeks)

Yoga and Meditation

A nurturing practice using a mix of different elements of yoga, yoga postures, breath work and meditation to bring ease in the body and freedom of mind.

Tue 7.00pm – 8.00pm

Term 1 from 28 Jan \$179 (10 weeks)
Term 2 from 22 Apr \$197 (11 weeks)

Chair Yoga

Chair Yoga helps participants stay healthy, vibrant, and confident without the worry of getting down to the floor or using a mat. We maintain mobility, improve flexibility and strength by focusing on small and large muscle groups as well as techniques to help you relax and deepen your awareness.

Mon 10.45am – 11.45am

Term 1 from 3 Feb \$144 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$162 (9 weeks)
no class 9 Jun

Yoga with Weights

Add some oomph to familiar yoga postures by using weights. A little strength training can go a long way.

Wed 9.30am – 10.30am

Term 1 from 29 Jan \$179 (10 weeks)
Term 2 from 30 Apr \$197 (11 weeks)

Mums and Bubs Yoga

A fun class for Mums to attend with their bubs and enjoy the many benefits of authentic, holistic yoga sessions. Suitable for Mums with bubs 6 months to crawling.

Wed 11.00am – 12.00pm

Term 1 from 29 Jan \$129 (10 weeks)
Term 2 from 23 Apr \$142 (11 weeks)
Casual bookings: \$20 per session + \$16 annual membership fee

Exercise



Fit for You – Morning Fitness Session

Make the most of the morning with this small group exercise class! Our fitness trainer, Bill leads a whole-body, cardio workout. Suitable for all ages and fitness levels.

Thu 6:15am – 7.00am

Term 1 from 30 Jan \$179 (10 weeks)
Term 2 from 24 Apr \$197 (11 weeks)

Stretch & Strengthen

Stretch and Strengthen is a dynamic, full body workout that will improve your strength, fitness, and flexibility.

Mon 2.00pm – 3.00pm

Term 1 from 3 Feb \$144 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$162 (9 weeks)
no class 9 Jun

Mon 3.00pm – 4.00pm

Term 1 from 3 Feb \$144 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$162 (9 weeks)
no class 9 Jun

Thu 10.30am – 11.30am

Term 1 from 30 Jan \$179 (10 weeks)
Term 2 from 24 Apr \$197 (11 weeks)

Pilates

Improve your core strength and body tone! Class taught by a qualified Pilates instructor.

Tue 9.30am – 10.30am (Bill)

Term 1 from 28 Jan \$179 (10 weeks)
Term 2 from 22 Apr \$197 (11 weeks)

Fri 9.30am – 10.30am (Lisa)

Term 1 from 31 Jan \$179 (10 weeks)
Term 2 from 2 May \$179 (10 weeks)

Strong Bones

The Strong Bones program is based on classic elements of Pilates and strength training. The aim is to shore up muscle mass and bone density for mature age adults with the focus on improving stability and mobility so you can navigate the demands of daily life more competently and live life to its fullest.

Tue 1.30pm - 2.30pm

Term 1 from 28 Jan \$179 (10 weeks)
Term 2 from 22 Apr \$197 (11 weeks)

Balance Back to Exercise

Improve core strength, balance and flexibility using weights, resistance bands & stretching techniques. This class is for older adults new to exercise or recovering from injury.

Mon 12.30pm - 1.30pm (Carolyn)

Term 1 from 3 Feb \$144 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$162 (9 weeks)
no class 9 Jun

Tue 11.00am-12.00pm (Robin)

Term 1 from 28 Jan \$179 (10 weeks)
Term 2 from 22 Apr \$197 (11 weeks)

Zumba

Join this fitness class that combines cardio and Latin-inspired dance.

Thur 9.30am – 10.30am (Rachel)

Term 1 from 29 Jan \$179 (10 weeks)
Term 2 from 24 Apr \$197 (11 weeks)

Zumba Gold

Try this fun class designed for active, older adults.

Wed 9.30am – 10.30am (Zanriela)

Term 1 from 29 Jan \$179 (10 weeks)
Term 2 from 23 Apr \$197 (11 weeks)

Hi/Low

Choose the ‘hi’ or ‘lo’ option in this dynamic aerobics exercise class. Taught by Carmela, a much-loved and talented teacher at the Centre. Suitable for all levels.

Thu 9.15am – 10.15am

Term 1 from 30 Jan \$179 (10 weeks)
Term 2 from 24 Apr \$197 (11 weeks)



Arts and Crafts



French Polishing and Furniture Restoration

Revive old furniture using traditional French Polishing and restoration methods. Minor repairs can be made under supervision. All skill levels accommodated.

Wed 12.30pm – 3.30pm

Term 1 from 5 Feb \$363 (9 weeks)
Term 2 from 30 Apr \$363 (9 weeks)

Thu 12.30pm – 3.30pm

Term 1 from 6 Feb \$363 (9 weeks)
Term 2 from 1 May \$363 (9 weeks)

Thu 7.30pm – 9.30pm

Term 1 from 6 Feb \$243 (9 weeks)
Term 2 from 1 May \$243 (9 weeks)

Decoupage

Make beautiful jewellery, ornaments and decorations using paper and varnish with traditional decoupage methods. This friendly group is led by an experienced teacher and is suitable for all levels.

Mon 12.30pm – 2.30pm

Term 1 from 3 Feb \$216 (8 weeks)
no class 10 Mar
Term 2 from 28 Apr \$243 (9 weeks)
no class 9 Jun

Botanical Painting & Drawing

Learn to paint or draw plants in this specialised class. Suitable for all levels.

Wed 9.30am – 12.00pm

Term 1 from 5 Feb \$303 (9 weeks)
Term 2 from 30 Apr \$303 (9 weeks)

Wed 1.00pm – 3.30pm

Term 1 from 5 Feb \$303 (9 weeks)
Term 2 from 30 Apr \$303 (9 weeks)

Painting for Pleasure

Join artist and tutor, Gordon Sonnenberg, in this well-rounded class. Students work with their preferred medium and are pushed to think creatively. Suitable for all levels.

Thu 1.00pm – 3.00pm

Term 1 from 6 Feb \$243 (9 weeks)
Term 2 from 1 May \$243 (9 weeks)

Pastels

This NEW class is designed for adults focusing on enhancing drawing and painting skills. Under the guidance of Joyce, a qualified fine artist and dedicated art lover, you'll explore the rich, vibrant medium of soft pastels. Beginners welcome.

Mon 1.00 – 3.00pm

Term 1 from 3 Feb \$216 (8 weeks)
Term 2 from 28 April \$243 (9 weeks)



Arts and Crafts



Watercolour

Basic Watercolour

Designed for those who are new to watercolour, this course is a no pressure introduction to using watercolour paint and learning techniques such as dry on dry, wet on dry and wet on wet.

Tues 1.00pm – 3.00pm

Term 1 from 4 Feb \$243 (9 weeks)
Term 2 from 29 Apr \$243 (9 weeks)

Social Watercolour

Come paint, relax, and connect with others in our friendly social painting class led by experienced artist Pat.

Thu 9:30am – 11:30am

Term 1 from 6 Feb (9 weeks)
Term 2 from 1 May (9 weeks)
\$10 per session (plus annual Centre membership fee of \$16) *Limited spaces, registration required.

Watercolour Painting

Learn from experienced tutors and create detailed, vibrant art using watercolour.

Mon 1.00pm – 3.00pm (Chris)

Term 1 from 3 Feb \$216 (8 weeks) -
no class 10 Mar
Term 2 from 28 Apr \$243 (9 weeks)
- no class 9 Jun

Thu 9:30am – 11:30am (Deb)

Term 1 from 6 Feb \$243 (9 weeks)
Term 2 from 1 May \$243 (9 weeks)

Thu 12:45pm – 2:45pm (Deb)

Term 1 from 6 Feb \$243 (9 weeks)
Term 2 from 1 May \$243 (9 weeks)

Drawing

Develop your creative drawing talents in these small, friendly classes using a variety of mediums and techniques. Suitable for all levels.

Tue 10.00am – 12.00pm

Term 1 from 4 Feb \$243 (9 weeks)
Term 2 from 29 Apr \$243 (9 weeks)

Wed 10:00am – 12:00pm

Term 1 from 5 Feb \$243 (9 weeks)
Term 2 from 30 Apr \$243 (9 weeks)

Life Drawing

Learn the basic skills to draw the human body with confidence. Starting with simple circles and lines, you will learn scale and proportion. Then develop your drawing skills to create simple postures and include the use of texture, light, and shade.

Tue 10.00am – 12.00pm

Term 1 from 4 Feb \$297 (9 weeks)
Term 2 from 29 Apr \$297 (9 weeks)
Life model at five classes each term

Saturday 1.30pm – 3.30pm

Term 1 from 1 March \$295 (6 weeks)
Life model at all classes



Special Interest Groups

We have a variety of special interest groups that run throughout the week. Each session has a small weekly fee plus an annual Centre membership fee of \$16.

For more information visit our website or call 9836 7942.

Crochet and Knitting Class

Learn with experienced tutor, Nola. This is a friendly workgroup suitable for all levels.

Thu 12.45pm – 2.45pm

Term 1 from 6 Feb (9 weeks)

Term 2 from 1 May (11 weeks)

\$10 per session

Mahjong

Learn to Play Mahjong

Mahjong (western version) is a tile based game played around a table with up to 4 players. It's popular all over the world and is fun to play with others. Learn how to play Mahjong and when you're ready, join the weekly group.

Contact Centre for dates and to register interest

Mahjong Group

Join this weekly group and play Mahjong (western version) with others. It's a great way to stay social and keep the mind sharp!

Wed 1.00pm-4.00pm

Term 1 from 5 Feb (9 weeks)

Term 2 from 30 April (11 weeks)

\$5 per session

Balwyn Batters Table Tennis

This is a fun, social activity and is a great way to keep moving and connect with others. Suitable for all skill levels. Equipment is provided or you are welcome to bring your own bat. You're welcome to come as a one-off and pay as you go, or to enrol for the whole term.

Mon 7.00pm-9.00pm

Term 1 from 3 Feb (8 weeks)

Term 2 from 28 April (9 weeks)

\$5 per session

Scrabble

The BCC Scrabble Group never miss a week! Join this passionate, friendly group and improve your language skills. All players welcome

Mon 12.30pm-4.30pm (ongoing)

\$5 per session

Did you know we also have a full calendar of special workshops and events throughout the year?

Check out our flyer or website and join in the fun!

Bridge

Intermediate to Advanced

Intermediate to advanced players, duplicate games so partners are required.

Tue, Thu & Sat afternoons

12.30pm – 4.00pm (ongoing)

\$5 per session

Learn to Play Bridge

Join others in a small group and learn how to play Bridge. This much-loved card game helps improve your problem-solving skills and is a great way to stay social. When you've got the hang of the game, you can join the Bridge Group that meets weekly at BCC.

Thu 10.30am – 12.00pm

Term 1 from 13 Feb (8 weeks)

\$65.00, includes a copy of Introduction to Bridge by Paul Marston



Centre Information

Room Hire

Balwyn Community Centre is set back from Whitehorse Road, surrounded by peaceful, bushy land.

The main building and Function Centre look out over gumtrees, green grass, and wetlands.

The rooms are comfortable and clean, with good temperature control and Wi-Fi connection.

To enquire or book a tour visit our website: balwyncc.org.au or call 9836 7942.

Medium-Large Room Hire

There are several medium-large sized rooms available for hire, including classrooms, a craft workshop and two art studios with sinks. The rooms feature audio visual equipment, a large projector screen and surround sound.

Our medium-large sized rooms can be hired for classes, meetings, workshops, seminars, and private events.

Small Room Hire

Smaller meeting rooms are available for hire and can accommodate a broad range of activities. They provide a comfortable and bright space for you to work, meet with a study group or to conduct interviews and are suitable for freelancers, students, independent professionals, and small special interest groups.

Function Centre

The Balwyn Community Centre Function Centre is a venue unlike any other in Boroondara. The main room is a large versatile space, with a commercially equipped kitchen, outdoor deck area, projector screen and audio-visual equipment.

It can accommodate up to 120 people for a range of different events and occasions, to include professional workshops, seminars, health and wellbeing retreats, parties, and weddings. If required, a BYO liquor license permit is included in the cost.

Tennis Court Hire

The tennis court at Balwyn Community Centre is available to hire. Casual bookings cost \$20 per hour and can be made via an online form on the Balwyn Community Centre website: balwyncc.org.au/tennis

You do not need to be a member of the Centre to use the tennis court. Please be aware that we are unable to take bookings over the phone. To hire the tennis court, you will need to use the online form at the above website.

Centre Membership

As a member you can enrol in any course or workshop at the Centre. Members are eligible to vote at our Annual General Meeting and may join the Board of Governance.

Membership is included in class fees or is \$16 for Special Interest group attendees.



Gardens and Sustainability

Community Garden

Lease a plot and join like-minded locals at the BCC Community Garden. Singles, couples, and families are welcome to lease a plot and join the community. You may access your plot at any time and grow fresh vegetables and flowers. For more information please visit: <https://balwyncc.org.au/community-garden/>

Surrey Hills/Balwyn Produce Swap

Come and swap your excess home-grown veggies and produce for free and meet other green thumbs in the community! All produce welcome including herbs, eggs, fruit, vegetables, honey, seedlings, flowers, compost or manure.

Third Sunday of each month from 9.00am-10.00am.

Enrolments can be made via our website balwyncc.org.au or by calling 98367942 or visiting our office.

We look forward to welcoming you at Balwyn Community Centre.



BALWYN
COMMUNITY CENTRE

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